

You've chosen your venue, selected the food, and invited your guests...  
what else do you need to make your event special?

## A charismatic speaker

# Janet Matthews - Professional Speaker Inspirational, Uplifting, **All Canadian...**



**Author, editor, professional speaker and spiritual mentor, Janet is co-author of the Canadian best seller, *Chicken Soup for the Canadian Soul*. Her exciting and entertaining presentation entitled *Heroes and Heart* will inspire, uplift, and inform your group. Community groups, women's groups, teachers associations, youth and seniors alike have been powerfully moved by her heartfelt sharing of the 4 year experience of compiling this very special book. With 84 stories to choose from, she can easily customize her presentation to suit the theme of your event.**

Janet's exciting and passionate presentation will take you on the journey of how the dream of this book became a reality. Hear how World Champion figure skaters Barbara Underhill and Paul Martini contributed their "Go-for-gold" story, *The Magic Skates*, inspiring us to never give up on our dream. Hear how *The Legacy of Terry Fox* was written especially for this book by Star reporter Leslie Scrivener, so that future generations of Canadians can be inspired by the dream of Canada's most beloved hero. You will be touched and inspired in new way when Janet shares stories from two of Canada's young heroes, 17-year-old Ryan Hreljac who builds wells in Africa, and 23-year-old Craig Kielburger who saves children from slavery in other parts of the world. You will be profoundly moved as Janet shares how Marilyn Bell recounted her historic 1954 Lake Ontario crossing in a two-hour interview, an experience that changed Janet's life forever. She came away so inspired that completing this book, despite the obstacles she was confronting became her own personal dream. You'll also learn why teachers are using these books in the classroom, and how early submissions from teachers helped form the vision for what this book would be.

The stories in this book range from heart-opening contributions from ordinary Canadians to stories written in the first person by people like Paul Henderson, Rick Hansen and Kurt Browning - some of our greatest Canadian heroes. These are our stories - the stories of Canada. As Janet shares the story of her own journey of passion and triumph, you will come away inspired to live your own dream, and filled with pride and gratitude - that you are Canadian. Books will be available at a discounted price, and you can get yours autographed, and personalized for yourself, or for someone you wish to give it to as a gift.

### Speeches and Presentations by Janet Matthews:

- **Heroes & Heart** - Chicken Soup for the **Canadian** Soul Keynote Speech
- **Passion, Purpose & Heart** – a two or three hour interactive workshop
- **The Magic of Story – Pathways to Literacy** – 1 hr presentation for schools to help parents understand their role in helping their child learn to read.
- **How to write a Great Story from the Heart** – 3-hr skill-shop
- **Finding Your Voice** – How to speak in Front of Groups – a practical skill-shop. Length depends upon the number of people.
- **Discovering Your Spiritual Purpose** – 2 or 3 hour workshop
- **Creating a Vision for your Life** – 2 or 3 hour workshop
- **You Can Heal Your Life** ® – Workshops based on the work of Louise Hay

To learn more visit: [www.janetmatthews.ca](http://www.janetmatthews.ca) & [www.canadiansoul.com](http://www.canadiansoul.com)

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Chicken Soup for the **Canadian** Soul

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